

# St. Mary University Parish

1405 S. Washington St.  
Mt. Pleasant MI 48858

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Parish Website: [stmarycmu.org](http://stmarycmu.org)



[facebook.com/StMaryUniversityParishCMU](https://facebook.com/StMaryUniversityParishCMU)



Download *myParish* on the Apple App Store or Google Play. Then choose *St. Mary @CMU* as your parish to keep current on all that is happening.

**Office Hours:** Mon-Fri 9:00 am - 5:00 pm

**Mass Schedule:** Sunday 10:15 am & 6:00 pm  
Tuesday 6:30 pm  
Wednesday 6:00 pm  
1st Thursday of the Month 6:00 pm

**Confession:** Sunday 9:30 am - 10:00 am & 4:30 pm - 5:30 pm  
Weekdays 45 minutes before Mass

**Open Hours:** Sunday 9:00 am - Midnight  
Mon-Thur 8:00 am - Midnight  
Friday 8:00 am - 10:30 pm  
Saturday 9:00 am - 10:30 pm

**DIRECTOR OF PARISH LIFE**.....Cory Noeker, [cnoeker@stmarycmu.org](mailto:cnoeker@stmarycmu.org)  
**SACRAMENTAL MINISTER**.....Fr. Tom McNamara  
**OFFICE ADMINISTRATOR**.....Caleb Brereton, [cbrereton@stmarycmu.org](mailto:cbrereton@stmarycmu.org)  
**MUSIC DIRECTOR**.....Megan Conner, [mconner@stmarycmu.org](mailto:mconner@stmarycmu.org)  
**PARISH BOOKKEEPER**.....Anne Swift, [aswift@stmarycmu.org](mailto:aswift@stmarycmu.org)

**Matrimony:** Please contact the Parish Office before setting a wedding date.  
**Infant & Child Baptism:** Preparation is required, please contact the Parish Office.  
**Anointing of the Sick:** Contact the Parish Office for anointing.  
**Interested in Becoming Catholic?** Contact Cory Noeker for more information.

**MARCH 1ST, 2020 • FIRST SUNDAY OF LENT**

## PARISH STEWARDSHIP

Weekly Goal.....\$770.00  
February 23rd, 2020.....\$841.00  
YTD Budget.....\$26,153.83  
YTD Actual.....\$26,982.73  
**Overage/(Shortfall).....\$828.90**

*Thank you for your stewardship!*  
Visit [stmarycmu.org](http://stmarycmu.org) to give online.

## QUOTE OF THE WEEK

"We must love our neighbor as being made in the image of God and as an object of His love."

- St. Vincent de Paul

## ROOMS AVAILABLE

If you would like to reserve a room for an activity, please speak to Caleb Brereton at the parish office. He can be reached by phone at (989) 317-4674 or by email at [cbrereton@stmarycmu.org](mailto:cbrereton@stmarycmu.org)

## DAILY READINGS

### MON (03/02)

Leviticus 19:1-2, 11-18;  
Matthew 25:31-46

### TUE (03/03)

Isaiah 55:10-11;  
Matthew 6:7-15

### WED (03/04)

Jonah 3:1-10;  
Luke 11:29-32

### THUR (03/05)

Esther C:12, 14-16, 23-25;  
Matthew 7:7-12

### FRI (03/06)

Ezekiel 18:21-28;  
Matthew 5:20-26

### SAT (03/07)

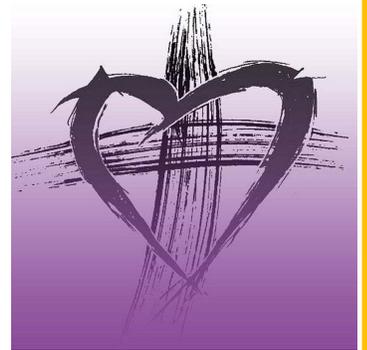
Deuteronomy 26:16-19;  
Matthew 5:43-48

### SUNDAY (03/08)

Genesis 12:1-4A;  
2 Timothy 1:8B-10;  
Matthew 17:1-9

## LENT, FASTING, & ABSTINENCE FROM MEAT

With Lent underway, there are several questions that Catholics may find themselves asking: What is fasting? When are we supposed to abstain from eating meat? Are there any exceptions to these rules? Below you can find the answers to these common questions.



### What Is Fasting?

Catholics between the ages of 18 and 59 are required to fast on Ash Wednesday and Good Friday. Fasting is defined as one full meal and two smaller meals that, if combined, would be less than a full meal. If possible, the fast on Good Friday should be extended until the Easter Vigil on Holy Saturday.

### When Do We Abstain From Meat?

Catholics, age 16 and older, are required to abstain from meat on all Fridays during Lent. On Fridays outside of Lent, abstaining from meat may be substituted with another act of charity or penance.

### Are There Any Exceptions?

Yes. Those with a serious reason are excused from the requirements for fasting and abstinence from meat. Examples of this include: physical laborers (according to need), pregnant or nursing women (according to need), people who do not have the use of reason, those who are sick or have frail health, etc. Also, if a solemnity (Feast of the Assumption, All Saint's Day, etc.) falls on a Friday, the requirement to abstain is lifted.

## THIS WEEK AT THE PARISH

**MON (03/02)** - Parish Library Reserved - 6pm-7pm  
- Parish Library Reserved - 8pm-9pm  
- **Game Night - Parish Lounge - 9pm-10pm**

**TUE (03/03)** - *Confession - 5:45pm-6:15pm*  
- *Daily Mass - 6:30pm*  
- **Adoration of the Blessed Sacrament - 7pm-8pm**  
- **Praise & Worship in the Church - 8pm-8:45pm**

**WED (03/04)** - **Weekly AA Meeting - Conference Room - 12pm-1pm**  
- *Confession - 5:15pm-5:45pm*  
- *Daily Mass - 6pm*  
- Parish Library Reserved - 9pm-10pm

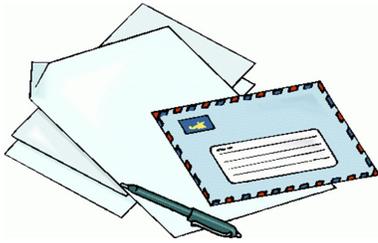
**THU (03/05)** - No Activities Scheduled

**FRI (03/06)** - No Student Sports This Week  
- **Parish closes for Spring Break at 6pm**

**SAT (03/07)** - Parish closed for Spring Break

**SUN (03/08)** - *Confession - 4:30pm-5:30pm*  
- *Sunday Mass - 6pm*  
- No Sunday Supper This Week

March 1st, 2020



**Dear Students, Faculty, Parishioners, & Friends of St. Mary University Parish:**

We are off to a good start in this holy season of Lent. A large number of students and residents of Mt. Pleasant attended our Ash Wednesday Masses. The word Lent means “springtime.” Here in Isabella County, farmers are already contemplating what they will plant in their fields this spring. We Catholic Christians are doing the same thing as we remove some of the clutter in our lives and become more prayerful. We are asked to look at our own lives and see what we can “plant” and “nurture” to grow in our Faith this Lent. Our goal is to walk with the Lord and develop a closer relationship with Him.



A former bishop of our Diocese used to say, “Let the symbols speak!” The symbols were ashes, palm branches, a more plain church with no flowers, no banners, no Gloria sung at the Masses, no alleluias, etc. So, too, in our own lives. We “clear the deck” and center our attention on what is most important to us.

Are you wearing the Lenten button given out on Ash Wednesday? The button depicts a heart because during Lent, we are asked to change our hearts and not allow them to be hardened. The button reminds us that the heart is a symbol of our love for the Lord and all of His people. As we wear these buttons, may we also live out the message found upon them.

Our one-day Fiat Retreat on March 21st is rapidly approaching. The word “fiat” means “let it be done” in Latin, and it is the answer that Mary gave when asked to bear the Son of God. This retreat is about giving your own “fiat” to the Lord, and saying YES to Him in every way He asks of you, particularly within the



university and young adult setting. The retreat consists of presentations from fellow students, discussions, reflections, prayer, community-building, and celebrations of the Sacraments of Confession and the Eucharist. Please contact Bridget Bevins at [bevin1bk@cmich.edu](mailto:bevin1bk@cmich.edu) if you would like to attend, or if you have any questions. This retreat is a good Lenten project for all of us and is an opportunity to grow in our Faith and receive more of God’s grace.

We have decided to postpone next week’s Corpus Christi as it is so close to Spring Break. We hope that we can find another day for Fr. Andy LaFramboise to visit us. We are also planning a presentation about the next World Youth Day that will take place in Portugal in 2022.

— Fr. Tom McNamara

**Sacramental Minister**